

Informal Application

Personal Informati	on							
Name			DC	DOB Gender ☐ Male ☐ Fema				
Address			Co					
City State Zip								
				nual Income \$	Net W	Net Worth \$		
				·				
Proposed Coverage				1.01		1 D.M. 1		
Coverage Amount S			Pro	Proposed Plan: Term Universal Life Whole Life Universal Life with LTC Variable				
				□ Unive	rsal Life with LI	C 🗆 Variable		
Medical History &	-			T	T			
Primary Care Ph	/sician	City, State & Phone	e Number	Date Last Seen	son for Visit			
1 Ruild: Hoight	ft	in Weight	lbs					
				os? If yes, how much?	gaine	ed lost		
•		e following? If yes, p			game			
•	-			blood pressure, stroke o	or any other	☐ Yes ☐ No		
•	•	neart or blood vessels?	nurmur, nign	blood pressure, stroke d	or any other	□ Yes □ NO		
			se intolerance	or disease of any gland?		☐ Yes ☐ No		
•	-	• • •		preakdown, convulsions,		☐ Yes ☐ No		
		other disorder of the b			српсрзу,	_ 165 _ 140		
		any bone, joint, muscl				☐ Yes ☐ No		
		itis, pneumonia, emphy				☐ Yes ☐ No		
			-	=	wel/colon?	☐ Yes ☐ No		
f) Hepatitis, ulcer, colitis or other disease of the liver, pancreas, stomach or bowel/colon?								
h) Uterine, cervix, ovary or breast disease? (Females)								
i) Anemia, leukemia, clotting disorder, platelet or other blood disorder?								
j) Urinary tract disorder, kidney, sugar, protein or blood in the urine?								
k) Cancer or tumors?						\square Yes \square No		
Any hospital admission, surgery, emergency room visit or outpatient surgery?					?	\square Yes \square No		
m) Any	ther health	n impairment or medica	al condition re	elated to this risk evaluat	tion?	\square Yes \square No		
4. List all medications including over-the-counter and supplements								
O# Additional Phy	isian Name	City Ctata & Dhana #	Datas Casa	O Dance for Visit/Diame		starout C Doculto		
Q# Additional Phy	sician- Name	e, City, State & Phone #	Dates Seen	& Reason for Visit/Diagno	osis i re	atment & Results		
Family History								
Curren Age	Age at Death	Cause of Death if Applicable	-	Cardiovascular Disease? Provide Detail		ory of Cancer? ovide Detail		
Mother		, ippirousic	'					
Father								
Brother(s)								
Sister(s)								

One Gateway Center | 300 Washington Street | Suite 915 | Newton, MA 02458 | T: 617 332 7900 | F: 617 527 0681 http://www.appeladvisors.com/



Informal Application

Lifestyle					
1. Tobacco/NicotineHave you ever smoked cigaretteHave you ever used other produYesNo If yes, indicate type	cts containing tobacco or nico	tine? (ex: cigars,	pipe, snuff, nicotine	gum/patch, e-	cigarette)
	·				
2. Marijuana Do you use marijuana? □ Yes □	No. If was indicate frequency	y and date of las	tuse check all that a	annly	
	ational				ther
		Lable	□Торіса	0	
3. Alcohol Do you consume alcohol? □ Yes Has a doctor ever recommended Have you ever received treatme □ Yes □ No If yes, provide det	d that you decrease your alcoh nt (inpatient or outpatient) for	ol consumption alcohol or drug	? □ Yes □ No use?		
1. Exercise Do you exercise regularly? □ Ye	s □ No If yes, provide type a	nd frequency			
5. Driving Have you had 2 or more moving Have you ever received a DUI/D					
6. Financial Have you declared bankruptcy o □ Yes □ No If yes, provide det	•		•		
7. Hazardous Activity Are you a private pilot? ☐ Yes ☐ Hours flown as pilot in command Do you participate in any of the	d Hours flown p	oer year		ated in next 12	mo
☐Scuba Diving	☐Sky Diving				
☐Mountain Climbing	☐Auto/Motor	cycle Racing		Other	
Social					
List any hobbies, clubs, church	or volunteer groups, boards,	charities that y	ou are actively invo	lved with:	
Do you travel regularly? If yes,	provide frequency, purpose,	, to which coun	tries and any future	travel plans:	
Inforce Coverage Details List all inforce coverage below					
		1.6		T	I = · ·-
Carrier	Coverage Amount	Inforce? (Y/N)	Rate Class	Year Issued	To Be Replaced? (Y/N)
Agent Name:			Date:		

HIPAA AUTHORIZATION TO OBTAIN AND RELEASE MEDICAL INFORMATION

Purpose of Authorization:

The purpose of this authorization is to determine my eligibility for LIFE INSURANCE PRODUCTS or related services or conduct other legally permissible activities that relate to any insurance company or service provider listed below.

HIPAA Authorization:

I hereby authorize any licensed physician, medical practitioner, consulting physician, hospital, clinic, laboratory, pharmacy, pharmacy benefit manager, pharmacy related service organization or other medically related facility, insurance company, The Medical Information Bureau or other organization, institution or person that has any records or knowledge of me or my health to disclose any and all such information regarding diagnosis, treatment, prognosis and consultations to the life insurance companies and servicing agencies listed on this form along with their reinsurers or providers at the time of my signature. Furthermore, I authorize the release of privileged information such as but not limited to alcohol and/or drug treatment, HIV/AIDS treatment and psychiatric records. Treatment, payment, enrollment in a health plan or eligibility for health insurance benefits may not be conditioned on my signing this authorization. To facilitate rapid submission of such information, I authorize all said sources to give such records or knowledge to any agency utilized by the insurance company to collect and transmit such information. I acknowledge that the information to be disclosed may be protected under State and Federal privacy laws and regulations. A photocopy of this authorization shall be as valid as the original. I have received a copy of the Fair Credit Reporting Act Notification and the Exchange of Information (MIB) disclosure. I understand that I may receive a copy of this authorization. I understand that there is a possibility of re-disclosure of any information disclosed pursuant to this authorization and that information, once disclosed, may no longer be protected by federal rules governing privacy and confidentiality.

Life Insurance Companies, Servicing Agencies and Writing Agents authorized to receive/transmit information under HIPAA guidelines are: AgencyONE, Abacus Settlements, LLC, Allianz, American General Life Insurance/U.S. Life, American National/ANICO, Appel Insurance Advisors, LLC, APPS, Ashar Group, LLC, AVS Underwriting, LLC, AXA Equitable/MONY, Banner Life/William Penn, Coventry, EMSI, Eugene Cohen Insurance Agency, Evergreen Settlements, ExamOne, Exceptional Risk Advisors, LLC, Express Imaging Services, Fasano Associates, Fortamus, Gen Re, Global Atlantic Financial Group, Guardian, GWG Life, Habersham Funding, LLC, IMG Paramed, Inc., ITM | TwentyFirst, Jet Stream, John Hancock, Leaders Group, LifeMark Partners, Lincoln Financial Group, Lloyd's of London, LTCI Partners, Maple Life Financial, Mass Mutual, MetLife, Minnesota Life/Securian Life, Nationwide, New York Life, North American, Ohio National, OneAmerica, Pacific Life Insurance Company, Pacific Life & Annuity Company, Pan-American Assurance Company, Penn Mutual, Principal Life Insurance Co, Principal National Life any

	e Life & Annuity, Prudential, Reliastar Life Insurance Compar pany, Symetra, Transamerica, United of Omaha/Mutual of O	
Funds, Inc., Zurich Life, Zurich American Life Insura		,,,
*My writing agent,	, and his/her agency,	, are also
authorized to receive or transmit informat	tion under HIPAA guidelines.	
I, the undersigned, hereby authorize any a	and all medical practitioners, physicians, hospitals,	clinics and custodians or
anyone else located at:		
Medical Facility:		
Facility Address:		
		
To release records and information regard	ling the Proposed Insured listed below to and exch	nanged between the parties
listed above and:		
AgencyONE		
11200 Rockville Pike, Suite 500		
Rockville, MD 20852		
Phone: 301.803.7500		
Contact Person:		
Duration:		
	rization shall remain valid for the lifetime of the under	signed, absent any provisions of
	the contrary, in which event it shall remain valid for 2	•

permitted there under. I understand that I may revoke my authorization at any time by submitting in writing request of revocation to: AgencyONE, Chief Underwriter, 11200 Rockville Pike, Suite 500, Rockville, MD 20852. However, any action taken in reliance on

Proposed Insured **PRINT**

this authorization prior to the notice of revocation shall be valid.

Proposed Insured **DOB**

Proposed Insured **SIGNATURE**

DATE



Life Insurance Exam Preparation

FOR CLIENT USE

The Life Insurance Exam Process Made Easy

The exam process should not be taken lightly as it can have a <u>direct impact</u> on your underwriting offers and life insurance <u>premium</u>. There are simple measures you can take to PREPARE your body for the best possible results. In the days leading up to your exam, it is vital that you <u>HYDRATE</u> with NON-caffeinated fluids, take all medications as prescribed, and be mindful of your diet. Get plenty of sleep and reduce stress as much as possible. Here are some additional tips:

- 1. **Morning appointments:** Morning exams are best as people tend to be more relaxed. Stress can falsely elevate blood pressure and pulse rates.
- 2. **Fasting:** Recommend fasting 12 hours prior to having your blood drawn as non-fasting blood can produce abnormal results on certain tests. Please also drink one large glass of water prior to your appointment since a urine sample will be collected.
- 3. **Caffeine:** Caffeine is a stimulant that elevates blood pressure and pulse rate. It also dehydrates the body, so please do not consume caffeine prior to your exam.
- 4. **Alcohol:** Alcohol can affect exam results and should be avoided at least 24 hours prior to your exam.
- 5. **Salt:** Sodium causes fluid retention which raises blood pressure and can affect blood/urine results. Limit salt intake for several days prior to the exam and stay hydrated.
- 6. **Smoking:** Smoking cigarettes raises your blood pressure. We advise smokers not to smoke prior to the exam. Be prepared to disclose any cigar, e-cigarette, dip, chew, Nicorette use, etc. with dates. Nicotine testing will occur. If you smoke or consume **MARIJUANA**, it is important you disclose the amount and frequency. Some companies will test for THC.
- 7. **Exercise: AVOID exercising 48 hours prior to the exam**. Physical activity such as running, jogging, or weightlifting can adversely affect blood and urine results.
- 8. **Medical History:** It is **VERY IMPORTANT** to give your complete medical history. Be prepared with an accurate list of your doctors' names, addresses, dates visited, diagnoses, and treatments.
- 9. **Prescription Drugs & Over-The-Counter Medications:** Prepare a complete list of all prescription medications, including those taken only on an "as-needed" basis. Provide dosages, dates prescribed, and the prescribing physician's name. Over-the-counter medications including megadose vitamins, Tylenol, supplements, and decongestants should also be noted as they may affect blood or urine results.
- 10. **Urine specimen:** A urine specimen will be collected. You may wish to request that the urine sample be collected at the beginning of the exam process. The most common abnormal finding is protein in the urine, usually resulting from exercise prior to lab testing. See smoking (#6) and exercise (#7) referenced above.
- 11. **Blood:** Bloodwork will be required. If you are nervous about the blood draw, request this to be completed BEFORE blood pressure and pulse are measured. *Please refer to Accessing Your Lab Results On-Line/Authorization to Release for instructions to retrieve your results* Please forward the results to your agent upon receipt. These values directly impact underwriting offer(s).
- 12. **Timing:** Please allow at least 30 minutes for a full exam, perhaps longer if an EKG is involved. A Senior Supplement may be required for clients over the age of 70. Guidelines to help prepare are available upon request.

The underwriting process includes the insurance exam, medical records, and potential letters from some of your physicians. Please assist in this process when possible. We are all on the same team! *REMEMBER, EVERY PHYSICIAN VISIT AFTER THE LIFE INSURANCE EXAM MUST ALSO BE DISCLOSED TO YOUR AGENT AND COULD AFFECT UNDERWRITING DECISIONS.



Accessing Your Lab Results

FOR CLIENT USE

Laboratory testing is a vital part of underwriting your life insurance application. ExamOne and Clinical Reference Laboratory (CRL) both offer a secure online platform that allows you to access your lab results for one year following your exam.

Why Access My Labs Online?

- Convenience No paper forms to print and no waiting for your results to be mailed to you.
- Online Availability Results can be obtained quickly and securely from any internet-enabled device. If your results are still being analyzed at the laboratory, you will have the option to be notified when the information becomes available.
- Flexibility Once the results are available, you can print or save them for your records and share with your agent and/or personal physician.
- Security CRL and ExamOne utilize state-of-the-art security measures. Keeping your lab results protected, secure and confidential throughout the process is the top priority.

How Do I Access My Results?



ExamOne

- 1. Go to https://applicant.ExamOne.com
- Click 'Register Here' and include the bar code number from the front of your 'Important Information' brochure.
- 3. You will receive an email notification when your results become available.
- 4. Follow the link in the email and login using the username and password.
- 5. Read and accept the Terms of Use.
- 6. View, save or print your results!
- Please contact ExamOne directly with questions related to accessing your lab results-877.933.9261, Option 1.



Clinical Reference Laboratory

- Go to <u>www.AccessMyLab.com</u> and enter your slip ID located on the consent form provided by the examiner.
- When prompted, enter the last 4 digits of your cell phone number. Landline phone numbers do not work.
- 3. A PIN will be provided via text code or voice message from their automatic system.
- 4. Enter the PIN to view your lab report online.
- 5. View, save or print your results!
- Please contact CRL directly with questions related to accessing your lab results-800.445.6917.

For general questions about your life insurance application process, please contact your agent.

Processing times may vary. Please allow up to 10 business days before results become available.